



2008 ECAC DIVISION I WOMEN'S INDOOR TRACK & FIELD CHAMPIONSHIPS

March 8-9, 2008
Reggie Lewis Track and Athletic Center
Boston, Massachusetts

➤ TIMELINE FOR COACHES

Special Notice

Tuesday, February 19: 1:00 p.m. – **Official Entry Roster should be emailed to both Gothard Lane at glane@ecac.org and Charlie Butterfield at cbutter51@hotmail.com.** After sending in your entry, Charlie Butterfield will send you a verification by email. Please retain this verification as proof of entry.

Friday, February 29: 5:00 p.m. - Pentathlete Declarations (these declarations are separate from the team declaration due on March 4) should be **emailed** to both Gothard Lane at glane@ecac.org and Charlie Butterfield at cbutter51@hotmail.com

Monday, March 3: Pentathlon call-in (Gothard Lane : 508/771-5060 extension 243)

- 10:00 a.m-12:00 p.m. – Call to enter qualifiers that have met the standard after the March 4 deadline
- 1:00 p.m.-2:00 p.m. – Call to confirm the acceptance of non-qualifiers

Qualifying Mark submission deadline:

- 12:00 noon – submit to Walt Murphy (wmurphy25@aol.com) and Derick Lawrence (derick.lawrence@gmail.com)

Tuesday, March 4: 1:00 p.m. - Final Declaration Forms due to:

- Email final declaration forms to Charlie Butterfield at cbutter51@hotmail.com and the ECAC at glane@ecac.org
- Email final declaration forms to your Seeding Advisor (names and email addresses contained in this manual)

Friday, March 7: 1:00 p.m. – Final deadline for scratches and late entries. Scratches should be emailed to Charlie Butterfield at cbutter51@hotmail.com and Gothard Lane at glane@ecac.org. After sending in your entry, Charlie Butterfield will send you a verification by email. Please retain this verification as proof of entry.

Friday, March 7: 2:00 p.m. – Games Committee Meeting

CONTACT INFORMATION

Charlie Butterfield, Meet Results and Timing

P.O. Box 204
Rutland, MA 01543-0204
Phone: 508/886-6015
Fax: 508/886-6015
Email: cbutter51@hotmail.com

Tom Meagher, Meet Director

Gothard Lane, ECAC
1311 Craigville Beach Road
Centerville, Massachusetts 02632
Phone: 508/771-5060 ext. 243
Fax: 508/771-9481 Email: glane@ecac.org

➤ **CHAMPIONSHIP HOTEL**

Boston Marriott Newton

2345 Commonwealth Avenue
Newton, MA 02466
617-969-1000

➤ **QUALIFYING STANDARDS**

The Division I Women's Indoor Championship qualifying standards must have been met during the current indoor track and field season (November 30, 2007 – February 27, 2008).

➤ **ENTRIES**

Official Entry Roster must be submitted via **emailed** to both Gothard Lane at glane@ecac.org and Charlie Butterfield at cbutter51@hotmail.com by 1:00 p.m. on Tuesday, February 19.

Team Rosters must be emailed to the following individuals by February 19, 2007 in the following format:

School Name:

Coach's Name:

Coach's E-mail address:

List of Team Roster with Full Names and Graduation Years:

➤ **ENTRY FEE**

The entry fee is based upon the number of individuals listed on the Official Entry Roster NOT the number of individuals listed on the Final Declaration Form. This is a one-time assessment with no additional fees paid at the championship.

1. All teams that enter will be sent an official invoice from the ECAC office. Make checks payable to the ECAC. For personal checks, please include the name of your institution on the check.
2. There is a base entry fee of \$125 per team plus a fee of \$17 per each individual athlete on your roster.

Example: A team with 8 individual athletes would pay:

- \$125 Team Entry Fee
- \$136 Individual Entry Fee (\$17 x 8 athletes)
- \$261 Total Entry Fee

Note: The maximum total entry fee is \$300.

REMINDER: Submission of the Team Roster is considered a statement of intent to participate and automatically triggers the \$125 team entry fee. Similarly, any declared entry (individual or relay) automatically triggers the appropriate entry fee. An institution that elects not to participate in the championship, after entering, is not excused from paying the entry fee.

➤ LATE ENTRIES

1. Any Official Entry Roster received after February 19 at 1 p.m. shall be considered a late entry.
2. Late Official Team Entry Rosters shall be accepted only after a \$300 penalty fee is paid to the ECAC.

Note: The penalty fee is a flat fee irrespective of the number of entrants on the institution's entry form only for those teams that have not submitted an initial team roster by the February 19 deadline.

3. Late individual entries (i.e. individuals omitted from the rosters) shall be considered by the games committee.
 - a. A petition must be submitted in writing to Gothard Lane at the ECAC (email: glane@ecac.org or fax 508-771-9481 are both acceptable) by the coach of the team. For the athlete to be considered, the team must have already been entered in the meet in accordance with the proper entry procedures.
 - b. The petition must include a copy of the Official Entry Roster, signed by your institution's Director of Athletics, indicating that the team has been entered and the additional athlete is eligible for competition.
 - c. A nonrefundable \$50 per athlete late fee must accompany the petition. The payment of the fee and the confirmation of eligibility must occur prior to the close of declarations (1:00 p.m. on February 27). The maximum penalty is \$300.

FINAL DECLARATIONS

1. All results and performances of athletes intending to declare must be sent Walt Murphy at wmurphy25@aol.com and Derick Lawrence (delawrence@depauw.edu) **no later than Monday, March 3th at noon**. When submitting qualifiers, the following information **MUST** be included:

- Athlete's name
- Year and School
- Qualifying Mark
- Meet and Date where mark was recorded

2. Final Declaration are due by 1:00 p.m. on Tuesday, March 4 to Charlie Butterfield (cbutter51@hotmail.com), glane@ecac.org, and your seeding advisors.
 - A declaration form with the correct format is attached to this document.
3. **Based on the descending order list compiled by Walt Murphy, your seeding advisor will verify seed performances upon receipt of the final entry form. Any declared athlete that is not verified on this descending order list will not be permitted to compete in the championship.**
4. **On your final declaration entry form if an athlete does not make the ECAC qualifying standard, please indicate whether each athlete is a conference champion (CC) or waiver of standard (WS).**

➤ SCRATCHES

1. Final scratches due by 1:00 p.m. on Friday, March 7
Scratches should be emailed to Charlie Butterfield at cbutter51@hotmail.com, glane@ecac.org
2. Any individual not scratched prior to the 1:00 p.m. deadline on March 7 will be subject to the honest effort rule.

➤ LATE FINAL DECLARATION FORMS

There are NO provisions for late final entry forms. Final declaration forms received past 1:00 p.m. on Tuesday, March 4 will NOT be considered or accepted.

➤ **PENTATHLETES**

1. Entry Forms for all pentathletes, whether or not they have met the qualifying standard, must be declared by 5:00 p.m. on February 29.
2. If a pentathlete meets the ECAC qualifying standard after the February 29 deadline, the coach must call Gothard Lane (508/771-5060 ext. 243) between 10:00 am.-12:00 p.m. on Monday, March 3 to inform the ECAC that the athlete has met the established standard.
3. If there are fewer than 12 pentathletes declared who have met the qualifying standard then those pentathletes who have not met the standard will be selected, according to the highest point accumulations, until the field of 12 is filled.
4. Coaches entering pentathletes who have not met the standard should check with Gothard Lane at the ECAC between 1:00pm and 2:00pm on Monday March 3.

➤ **GUIDELINES FOR COMPETING INSTITUTIONS**

The conduct of the meet shall be governed by the rules of the current NCAA Track and Field/Cross Country Rulebook, except as amended by the ECAC Women's Track and Field Games Committee.

➤ **SEEDING INFORMATION**

1. Final Declaration Forms must be faxed to the appropriate seeding advisor (see below).
2. Each seeding advisor will verify seed performances upon receipt of your results.
3. Entry Forms that cannot be verified by the seeding advisors will not be accepted into the meet.

➤ **ADVISORS**

Send your Final Declaration Form by March 4 to the appropriate seeding advisor:

- **NEW ENGLAND** (CT, MA, ME, NH, RI, VT)
Sandra Ford-Centonze
Department of Athletics-Track and Field
Dartmouth College
6083 Alumni Gym
Hanover, NH 03755
Phone: 603/646-3570
Fax: 603/646-3348
Email: sandra.ford-centonze@dartmouth.edu
- **MID-ATLANTIC** (NJ, NY)
Ed Roskiewicz
Department of Athletics-Track and Field
Princeton University
PO Box 71Jadwin Gymnasium
Princeton, NJ 08544-0071
Phone: 609/258-1231
Fax: 609/258-4477
Email: roskiewz@princeton.edu

- **MID-ATLANTIC (DE, PA)**
Sue McGrath-Powell
 Department of Athletics
 University of Delaware
 Newark, Delaware 19716
 Phone: 302/831-8738
 Fax: 302/831-4058
 Email: suemcpow@udel.edu

- **SOUTH (DC, MD, NC, VA, WV)**
Angie Taylor
 Department of Athletics
 George Mason University
 MS 3A5, 4400 University Drive
 Fairfax, VA 22030
 Phone: 703/993-3294
 Fax: 703/993-3591
 Email: ataylorc@gmu.edu

➤ **RELAY CARDS**

1. Final relay cards must be submitted to the Games Committee one hour before the scheduled time of the relay event.
2. Relay cards must list:
 - The names of the athletes on the relay team, in the order that they will run.
 - The performance time of the team that qualified for the event.

➤ **ECAC GAMES COMMITTEE**

Tom Meagher, ECAC Track Administrator
 Gwen Harris, University of Pennsylvania
 Mark Young, Yale University
 Lou Duesing, Cornell University
 Sue McGrath-Powell, University of Delaware

➤ **FACILITIES**

1. Track: Banked 200-meter track
 Six-lanes around; eight-lane straightaway
 Mondo SuperX surface
 Long jump board is 10 feet from the pit
 Triple jump take-off boards will be at 32 and 36 feet from the pit
 Shot and weight circles are poured concrete; indoor implements must be used
2. Spikes on the track must be 1/4" or less
3. There are no permanent lockers or shower facilities.

➤ **MEDICAL**

1. A certified athletic trainer will be available during the meet at the Reggie Lewis Athletic Center.
2. The training room will also be available for schools to bring their own trainer.
3. Teams are requested to bring their own tape and wraps.

➤ **PARKING**

Buses must park at the Reggie Lewis Parking Lot #5.

DIRECTIONS TO REGGIE LEWIS TRACK AND ATHLETIC CENTER

1. **FROM SOUTHEAST EXPRESSWAY**

Southeast Expressway to Mass. Ave./Roxbury Exit

Go straight off ramp (Mass. Ave.)

Follow Mass. Ave. straight through lights onto Melnea Cass Boulevard

Follow Melnea Cass to the end

Take a left onto Tremont Street

Reggie Lewis Track and Athletic Center is 1/4 on the left

2. **SOUTH OF BOSTON**

Take Route 93 North to Southeast Expressway

Follow directions for SOUTHEAST EXPRESSWAY

3. **NORTH OF BOSTON**

Take Route 93 South to Southeast Expressway

Follow directions for SOUTHEAST EXPRESSWAY

4. **WEST OF BOSTON**

Take Mass Pike East (Route 90 East) to Southeast Expressway

Follow directions for SOUTHEAST EXPRESSWAY

5. **BUS DIRECTIONS**

Follow directions for SOUTHEAST EXPRESSWAY

Through Mass. Ave. lights and onto Melnea Cass Boulevard

At 6th set of lights (including lights at Mass. Ave./Melnea Cass), take left onto Shawmut Ave.

Follow Shawmut Ave. to the end

Take a right onto New Dudley Street

Go ¼ mile to Bus Drop-off Lane on the right next to the Reggie Lewis Track and Athletic Center

ECAC DIVISION I WOMEN'S INDOOR/OUTDOOR TRACK
"WAIVER OF STANDARDS"

The following policy was approved by the ECAC Division I Women's Track and Field Committee in September of 1995 and will be in effect for the 2007 ECAC Division I Women's Indoor Track and Field Championship.

"Waiver of Standards Policy" – An institution that has **no** athlete who has met any track (or relay event) standard or field event standard is permitted to declare a single track event (or relay team) and a single field event entry.

An institution that has a qualifier in a track event and none in a field event is permitted to use the "Waiver of Standards Policy" to declare a single field event entry (No field qualifier...one field declaration).

An institution that has a qualifier in a field event and none in a track event is permitted to use the "Waiver of Standards Policy" to declare a single track event entry (No track qualifier...one track declaration).

***This does not apply to multi-events.
You may not enter a pentathlete or heptathlete using the waiver.***

REVISED ADVANCEMENT PROCEDURE

If an athlete declares before the start of her preliminary event that she will not compete in the final of that event, the next person from the qualifying event will be advanced to the final. For example, 9 individuals qualify for the final. One person in that 9 has declared before the preliminary race that she will not run the final therefore the 10th finisher from the preliminary races will advance to the final.

This procedure applies only to track events in which a preliminary race is contested. It cannot be applied if meet management is not aware of the non-participation before the start of the preliminary event. A form will be included in each packet for said declaration, and forms will be available to the clerking area. This procedure is intended to ensure competitive finals in all events, and that all points in an event get awarded.

2008 ECAC Division I Women's Indoor Track & Field Championships
March 8-9, 2007
Reggie Lewis Track & Athletic Center, Boston, MA
Meet Declaration Form

Events for Women

- | | | | |
|--------------------|-----------|------------------|---------------------|
| 1. Indoor Pentathl | 6. SP | 11. 800m | 16. 4x800m Relay |
| 2. PV | 7. 1 Mile | 12. 1000m | 17. WT |
| 3. 60m Hurdles | 8. 400m | 13. 200m | 18. TJ |
| 4. 60m Dash | 9. 500m | 14. 5000m | 19. Distance Medley |
| 5. LJ | 10. HJ | 15. 4x400m Relay | 20. 3000m |

Team _____ Team Abbr _____ Phone _____

Address / E-mail _____ Coach _____

List each athlete only once.

Name (last/first) Event#/ Mark Date/Place Event#/ Mark Date/Place Event#/Mark Date/Place

2008 ECAC Indoor Track and Field Championship Schedule

Saturday, March 8

9:00	Pentathlon: Hurdles
9:35	Pentathlon: High Jump
	Pentathlon: Shot Put
	Pentathlon: Long Jump
	Pentathlon: 800 Meters
1:10	60 Hurdle Trials
1:25	60 Meter Trials
1:30	Long Jump
1:30	Shot Put
1:40	Mile Trials
2:00	60 Meter Hurdle Semis
2:10	60 Meter Semis
2:20	400 Meter Trials
2:35	500 Meter Trials
2:45	High Jump
2:50	800 Meter Trials
3:10	1000 Meter Trials
3:30	200 Meter Trials
3:45	5000 Meter Final
4:25	4 x 400 Trials
4:40	4 x 800 Trials

FIELD EVENTS

9:35	High Jump (Pent.)
	Shot Put (Pent.)
	Long Jump (Pent.)
1:30	Shot Put (open)
1:30	Long Jump (open)
2:45	High Jump (open)

Sunday, March 9

1:00	DMR
1:25	60 Hurdle Final
1:35	60 Meter Final
1:45	Mile Final
1:55	400 Meter Final
2:05	500 Meter Final
2:10	800 Meter Final
2:25	1000 Meter Final
2:35	200 Meter Final
2:45	3000 Meter Final
3:10	4 x 400 Final
3:20	4 x 800 Final
3:40	AWARDS CEREMONY

FIELD EVENTS

11:00	Pole Vault
12:00	20 lb Weight Throw
12:00	Triple Jump

2008 ECAC DI Women's
Indoor Track & Field Qualifying Standards

RUNNING EVENTS

<u>Event</u>	<u>2008(FAT)</u>	<u>2008 (H)</u>
55 M	7.22	
60 M	7.72	
55 MH	8.29	
60 MH	8.84	
200 M	25.14	
400 M	57.04	56.8
500 M	1:16.00	1:15.8
800 M	2:14.40	2:14.1
1000 M	2:57.54	2:57.3
1500 M	4:41.64	4:41.4
Mile	5:01.14	5:00.9
3000 M	9:58.94	9:58.7
5000 M	17:33.64	17:33.4
4 x 400 M	3:53.94	3:53.7
4 x 400 YDS	3:55.24	3:55.0
4 x 800 M	9:25.24	9:25.0
4 x 880 YDS	9:28.24	9:28.0
DMR (M)	12:08.64	12:08.4
DMR (YDS)	12:13.64	12:13.4

FIELD EVENTS

<u>Event</u>	<u>2008</u>
High Jump	1.70m
Long Jump	5.65m
Triple Jump	11.70m
Pole Vault	3.60m
Shot Put	13.60m
20 Lb. Wt.	16.00m
Pentathlon	3450 pts

